





# Iowa State University Women's Club

2014 - 2015



# "Celebrating Connections"





### One-Hundred and SixteenYearsof Friendships 1897-2015

Cindy Fell Jan Bond Historians



### 2014-2015 President





**Deb Marple, Celebrating Connections** 



2014-15 ISUWC Cabinet: From left to right: second vice president Chris Cott, secretary Becky Hanlon, treasurer Karen George, first vice president Carol Folkmann, historian Cindy Fell, historian Jan Bond, and parliamentarian Cathy Halverson



**Fall Opener-September** 



### Fall Opener- "Celebrating Connections"

Monday, September 15, 2014, 11:30 - 1:30 p.m. City Church of Ames 2400 Oakwood Road.

The Iowa State University Women's Club kicked off its 2014-15 year on Monday, September 15, from 11:30 to 1:30 p.m. at Oakridge Road Church in Ames.

The club is open to all women in the community. The Fall Opener is an opportunity for club members and guests to learn about each of the thirty-five divisions (interest groups), pay membership dues and socialize with friends. This year 30 new members joined the club at the Fall Opener and over 200 attended the event. Members and guests enjoyed lunch and dessert.

The ISUWC is open to all women who support the Club's three-fold mission of friendship, education and scholarship.



2014-15 ISUWC President Deb Marple welcoming members and guests to the 2014-15 Fall Opener



### Fall Opener - September





Fall Opener Committee Seated: Jeanette Dieterich, Chair Eileen Tramp left to right: Mary Holmer, Eileen Muff, Joan Senne,





Jan Bruce and Bonnie Trede enjoying the luncheon



### Fall Opener - September





Members and guests enjoying the delicious luncheon



Excited members and members-to-be signing up for interest groups and enjoying the Fall Opener



### **ISUWC Fall Trip**



Hidden Treasures and Tidbits, Our Capitol City Des Moines, Iowa October 7, 2014



**^** Tour of the Jordan House, a station on the Underground Railroad.

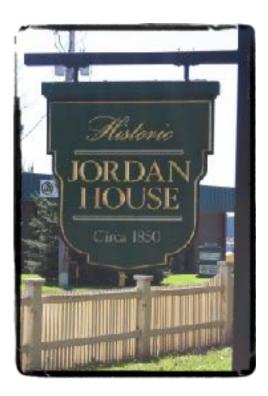


### **ISUWC Fall Trip**















**General Assembly - October** 

Monday, October 20, 2014



### <u>Cafes are not just for</u> <u>Coffee Anymore!</u>

by Nancy Williams, Asst. Mgr ISU Commissary Kitchen





General Assembly - November Monday, November 17, 2015



"Empowering Women to Stop Human Trafficking in Iowa and Beyond

by Dr. Teresa Downing-Matibag ISU Dept. of Sociology







Members were invited to participate in a "Giving Tree" for area children this coming Christmas holiday



**General Assembly - December** 



*Holiday Tea* Wednesday, December 3, 2014



### **General Assembly - February**







### Presentation by Robbie Pedersen, Master Furniture Maker and his wife Angie Pedersen





### **General Assembly - March**





### Presentation by Dr. Dianne Bystrom, Director of the Carrie Chapman Catt Center





Spring Luncheon Monday, April 13, 2015





Judy Stehr, Co-chair arranges yellow roses table decorations for the luncheon.





President Deb Marple welcomes members and guests to the Spring Luncheon

# "Say it with Flowers"



### **Spring Luncheon**

### "Say it with Flowers"





This year's Spring Luncheon's Program was presented by *Dan Brabec,* owner of *Ames Coe's Floral and Gifts.* 

He demonstrated floral arranging and new products for Spring bouquets .

Coe's Door Prizes for two lucky members







### **Spring Luncheon**

### "Say it with Flowers"



This beautiful quilt was designed and constructed for this year's raffle by the Block Builders Division. This year's guilt was presented to <u>Mindy Tillotson</u> by Allis Peters.







ISUWC Cabinet for 2015-2016 left: President: Nancy Wlezien

2015-16 theme: "Create Your Own..." above left to right: president-elect Janice Bruce, first vice president Bonnie Trede, historian Cindy Fell, treasurer Karen George, second vice presidents Chris Cott & Peggy Gielda, secretary Becky Hanlon, president Nancy Wlezien, historian Jan Bond, parliamentarian Deb Marple





### Iowa State University Women's Club International and Senior Award Scholarships



ISUWC awarded six scholarships for the 2014-2015 academic year. These awards recognize leadership and academic, personal, and community achievements of Iowa State University women students. Scholarships are funded by interest received from an endowment established by the club.



#### The 2014-15 Awards recipients:

ISUWC Awards Amanda Black, Dubuque, IA Graduate Student, Meteorology

Hillary Kletscher, Vesta, MN Senior/Graduate, Biological Systems Engineering/MBA

**Ashley Moyna,** *Elkader, IA* Senior, Culinary Science and Dietetics

Samantha Zust, Bettendorf, IA Senior, Kinesiology and Health

<u>The Patricia Miller Award :</u> Krista Klocke, Ames, IA Senior, Speech Communication and Communication Studies

Mrs. Glenn Murphy International Award Xiaoyu Mo, Bijie, Guizhou, China Graduate Student, Landscape Architecture

#### Awards Committee

Co-Chairs Joan Herwig & Nancy Wlezien

Kathy Anderson Judy Dahlke Cindy Fell Anne Holberg









# **ISUWC**

Divisions





### ISUWC 2014-2015 Divisions

**Armchair Travelers** Art and About Bacchus **Block Builders Book Club** Bowling Bridge **Cards and Games** Couples Club I & II **Couples having Fun Culture Sharing Dionysus Circle Exploring Photography Foodies** Gardening Genealogy Golf **Good Food-Good Friends** Gourmet I & II **Hooks and Needles** Iowa Cafe Adventures **Movie Mavens Nature Study Newcomers Optimal Health Club** Potpourri "Spice" Girls Stitchery **Taste Buds Tea Room Adventures** Viva la Vino Walk and Talk Wine and Tapas WOW (Women on Wine)

### Armchair Travelers (Afternoon





#### Co-chairs: Peggy Faden, Kitty Fisher

Armchair Travelers Afternoon Division offers presentations including photos, videos, souvenirs, reminiscences, and travel tips related to specific destinations. Programs are given by members or invited speakers and refreshments related to the trip are served. Except for November and December, the group meets from September to April on the 4<sup>th</sup> Tuesday at 1:30 pm. The meeting location is the Northcrest Community Green Room, 1801 20th St. New members are welcome. Dues are \$2 per year. Community services for this year included monetary donations toward the ISUWC Scholarship Fund.

#### Membership:

# Armchair Travelers (Evening)

#### Co-chairs: Marlene Geiger, Kitty Lamont

Armchair Travelers offers travel experiences by means of presentations, photos, videos, souvenirs, travel tips and interesting stories. Programs are given by members or invited guest speakers. Light refreshments related to the presentation are served. The group meets in members' homes on the 2<sup>nd</sup> Wednesday of the month at 7 pm unless noted otherwise. Dues are \$2 per year. Membership is open. Community services for this year included monetary donations to the Story Country Dental Clinic as well as dental hygiene items that were given to the clinic's patients.

#### Membership:

Nancy Bern Barbara Bruene Marlene Geiger Shari Glenn Fay Hill Bernice Johnson Judy Keeling

Carol Kenton Dorothy Kirkland **Kitty Lamont** Anna Loan-Wilsey Phyllis Seim Marianne Spalding



# Armchair Travelers







### Art and About



#### Co-Chairs: Julia Anderson, Diane Smith

The Art and About division explores area museums, galleries, and displays. Tours are held on the 2<sup>nd</sup> Thursday afternoon, every other month, unless the venue dictates otherwise. A cover-the-cost fee is charged as needed. Membership is open.

#### Membership:

Julia Anderson Martha Baumgarten Marybeth Buchele Sandra Cordell Elaine Decovic Cindy Fell Kitty Fisher Marilyn Haynes Joan Herwig Linda Hodges Mary James Deb Marple Rosemary Mitchum Lynn Seydel Barbara Sloan Diane Smith Bonnie Staiert Margaret Torrie Diane Tufte Jan Verploeg Shirley Wilkens Nancy Wlezien





Tour of Christian Peterson Art Museum at Morrill Hall Iowa State University





# ART AND ABOUT











*Tour of Salisbury House in Des Moines, Iowa* 





### **Block Builders**



Chair: Joan Fitzsimmons Treasurer: Allis Peters

This division meets on the 2<sup>nd</sup> Friday of the month from 10 am to noon in the basement classroom at Quilting Connection, 238 Main St. Our purpose is to share and expand our knowledge of quilting. We connect new quilters with experienced quilters as we encourage, explore, and expand our understanding of this art form. Membership is limited. Community service this year involved construction of a group quilt that was raffled off for the ISUWC Scholarship Fund.

#### Membership:

Ginny Anderson Janice Bruce Joan Fitzsimmons Rebecca Hanlon Shirley Hulse Chelly Kenney Lenny Mangold Joyce Powell Fidella Marty Allis Peters Marilu Raman Sheryl Soden Sandy Wie Doris Wiener Joan Nass Mercedes Silva





### Block Busters Fundraiser

Block discussion for construction of the raffle quilt to be held at the Spring Luncheon.

Color and fabric options and placement of the blocks were discussed at the November meeting.



# **Block Builders**





Right: Completed Raffle Quilt Middle:

Selling raffle tickets at the Spring Luncheon and the winner of the quilt was Mindy Tollotson

Below: Demonstration of a contemporary quilt











### **Book Club**



Co-Chairs: Jeanette Dieterich, Chelly Kenney Treasurer: Sue Koehrsen

Book Club members select, read, and discuss fiction and nonfiction books with a goal to broaden their personal reading and view literature in a new way. Meetings are held the 2<sup>nd</sup> Monday of each month, September through June, 1:30 pm at Green Hills, 2200 Hamilton Dr. Dues are \$5 per year. Membership is limited. Community services for this year included donations to ISUWC Scholarship Fund, Raising Readers, and books purchased for the Food Pantry that were then given as Christmas gifts.

#### Membership:

Marie Anderson Martha Baumgarten Barbara Brown Janice Bruce Marybeth Buchele **Gladys** Colwell **Dorothy Dake** Jeanette Dieterich Mary Ann Dilla Karen Dohrmann Peggy Faden **Kitty Fischer** Joan Fitzsimmons **Evelyn Fuller** Lucy Futrell Shari Glenn Sandra Gartz Karen George Peggy Gielda Pam Hallenbeck Rebecca Hanlon



#### <u>Membership:</u>

Joan Herwig Lea Hinz Janice Hove Chelly Kenney Carol Kenton Adele Knop Sue Koehrsen Connie Lastine Deb Marple Patricia Post Jean Prestemon Rosellyn Rudolph Carla Sacco Taihee Song Marianne Spalding Rita Strabala Trish Strah **Carol Tagstrom** Sarah Terrones Nancy Wlezien





### **Book Club**





Discussion groups for the books "1984" by George Orwell and "One Thousand White Women: The Journals of May Dodd" by Jim Fergus







### <u>Bowling</u>





Co-chairs: Chris Cott, Dorothy Yoerger Secretary: Connie Sweeney Treasurer: Lois Heckert

The Bowling Division meets weekly at 9 am Thursday, at Perfect Games, 1320 Dickinson Ave. Bowling will begin September 4th and end April 23rd. In addition to weekly bowling fees, member dues are \$5. Membership is not limited and bowlers of all skill levels are welcome. Bowling will not meet if the Ames Community Schools are closed due to inclement weather. Community services this year included donations for ISUWC Scholarship Fund, Food at First, and Emergency Residence Project.

#### Membership:

Sevinc Akinc Sandra Baker Lynn Bishop Jan Bond Marla Christians **Gladys** Colwell Carolyn Cornette Chris Cott Mary Ann Dilla Barb Eisenmenger Linda Emmerson **Darcy Ewing** Carolyn Gagnier Jean Goudy Sharon Guber Kathy Gundlach Pam Hallenbeck

Lois Heckert Judy Hodges Janet Lawrence Shirley Malaby Nancy Marks Jami Mirka **Eleanor Ostendorf** Carol Payne Marilyn Smith Marianne Spalding Carole Stevens Connie Sweeney Christine Trampel Connie Wilson Maureen Wilt Mary Lou Wright **Dorothy Yoerger** 







# <u>Bowling</u>









In March, the Bowling Division celebrated Mary Lou Wright's 90th Birthday.

Congratulation Mary Lou!





### **Bacchus**



Co-chairs: Trish Strah, Linda White Treasurer: Phyllis Seim

Bacchus (Roman god of wine) usually meets in members' homes on the 1<sup>st</sup> Monday at 6:30 pm. The purpose of the group is to provide an educational experience in wine appreciation. Hostesses provide information about the wines and serve them with appropriate food pairings. Dues are \$40 per year to cover the cost of the wines. Membership is limited to 10. Community services this year included collection of nightwear and toiletries for ACCESS.

#### Membership:

Nancy Bern Darla Emery Karen George Ellen Janke Bernice Johnson Gina Moore Phyllis Seim Trish Strah Linda White Doris Wiener













Chair: Donna Forrester Treasurer: Bette Coulson

Meetings are held the 1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> Wednesdays of each month throughout the year at the Northcrest Retirement Community Fireside Room, 1801 Northcrest Ct. Bridge begins at 1 pm. Division dues are \$1 per year and \$1 per meeting attended for cash prizes.



### Membership:

- Janet Anderson-Hsieh Martha Baumgarten Bette Coulson Zoanne Erickson Dorothy Ewing Donna Forrester Shirley Hulse Jan Esterly
- Connie Lastine Deanna Miller Anna Nilsson Carolyn Potter Mary Voorhees Rose Wilcox





# **Cards and Games**





Chair: Beverly Nutt

Cards and Games offer an afternoon of fun with games of all types. Meetings are held throughout the year on the 4<sup>th</sup> Thursday of each month with occasional date changes due to holiday conflicts. The group meets at the Northcrest Retirement Community Fireside Room, 1802 Northcrest Ct. Play begins at 1:30 pm and concludes at 4 pm. The hostess chooses the games (cards or other) and provides a light snack. Play is for fun and no prizes are awarded. There are no dues. All who enjoy cards and games are welcome.

#### Membership:

Margery Baker Beverly Baum Sharon Berryhill Janice Blanco Jan Bond Beth Coon Sandra Cordell Ruth DeBoer Karen Hoiberg Cynthia Johnson Chelly Kenney Alice Laabs Deb Marple Fidella Marty Rosemary Mitchum Beverly Nutt Joyce Powell Nina Rasmusson Nancy Sebring Carole Stevens Shashi Sukhatme Sarah Terrones Pat Thiede Ella Tonium Sylva Williams







Couples Club I & II



# **Couples Having Fun**



#### **COUPLES CLUB I**

Co-chairs: Carol Bailey, Eileen Muff

This group meets for fellowship several times per year with host couples taking turns in planning an event. A cover-thecost fee for each gathering is determined by the hosts. Membership is limited.

#### Membership:

Carol and Ted Bailey Nancy and Carl Bern Marybeth and Wes Buchele Becky and Joel Coats Bobbi and David Countryman Marlene and Randall Geiger Laani and John Hill Cecilia and Jack Horner Bernice and Larry Johnson Betty and Dennis Keeney Kitty and John Lamont Karen and Londell Mannes Eileen and Don Muff Dianna and Ron Nelson Joan and Dennis Senne Trish and Raymond Strah

#### COUPLES HAVING FUN

#### Chair: Karen Hoiberg

Couples Having Fun meets monthly year-round to share a meal and enjoy each other's company. The date is flexible to accommodate as many as possible or to coincide with an event that the group wishes to attend. Membership is limited.

#### Membership:

Mary and Pat Brooks Karla and Roger Drapal Jonie and Fitz Fitzsimmons Marilyn and Dave Haynes Karen and Eric Hoiberg Judy and Bob Stehr Eileen and Dale Tramp Joyce and Daryle Vegge

#### COUPLES CLUB II

Chair: Audrey Marley

The purpose of this group is to provide social interaction among members and their spouses. Events are planned for the last Friday of the month with exceptions made when the event calls for it. All couples take turns in planning events. There is a coverthe-cost fee determined by the hosts. Membership is limited. Community services for this year included bagging apples and other produce that were donated with food baskets at Thanksgiving as well as donations to ISUWC Scholarship Fund.

#### Membership:

Margery and Jim Baker Rochelle and Roger Ginder Fay Gish and John Hill Rose Marie and John Kluge Glenys Bittick and Dave Lynch Audrey and Steve Marley Ellen McKean Carol and Stewart Melvin Beverly and Mel Nutt Lois and Rick Slobe Willie Struss



# **Culture Sharing**





Co-chairs: Shon Stephenson, Jan Verploeg Treasurer: Dorothy Dake

Culture Sharing offers an evening of international friendship in a group of mixed heritage/ citizenship with special emphasis on welcoming international women to our organization and community. Members meet the 3<sup>rd</sup> Wednesday at 7 pm for a culturally enriching presentation followed by informal sharing and refreshments. Annual dues are \$5. Membership is open to all. Meetings are held at the Northcrest Community Green Room, 1801 20<sup>th</sup> Street, unless noted.

#### Membership:

Haifa Alkili Kaukab Barni Merchant Marybeth Buchele Kay Craig Judy Dahlke Dorothy Dake Elaine Dekovic Peggy Faden Sharon Fenton Kitty Fisher Sandra Gartz Florence Gilchrist Rochelle Ginder Fay Gish Hill Lindy Good Sharon Guber Rebecca Hanlon

Debbie Johnson Judy Keeling Sue Koehrsen **Ruth Larson** Anna Loan-Wilsey Kay Outka Lana Pavlik Jean Prestemon Marilu Raman Lynn Seydel Ellen Shrum Marian Solomon Taihee Song Shon Stephenson Maria Tringides Lynn Van Valin Jan Verploeg





# <u>Dionysus Circle</u>





Chair: Beverly Lytle Treasurer: Angela Soukoulis

Dionysus (Greek god of wine) Circle meets on the 4<sup>th</sup> Tuesday of the month at 7 pm. The purpose of this group is to provide an educational experience in wine appreciation. The meeting's presenter may be the hostess or an invited guest speaker. The hostess provides refreshments to accompany the wine selection/program theme. Members contribute \$50 annually to cover the cost of wines sampled. Membership is limited, but guests may occasionally be invited by the hostess. Community services this year included the purchase of two TI calculators that were donated to YSS Giving Tree.



Marlene Geiger Shari Glenn Desi Gunning Ria Keinert Julie Lelonek Beverly Lytle Eileen Muff Angela Soukoulis Lisa Vaknin Marina van Leeuwen Lynne Van Valin



# **Exploring Photography**





Co-chairs: Cindy Fell, Julie Anderson Treasurer: Shari Glenn

Exploring Photography provides a supportive and informative environment for those interested in getting more out of their camera and photography adventures. Drawing on all skill levels, members meet and exchange ideas and information on a variety of photography topics that help and encourage members to develop their photographic skills. Meetings are held on the 3<sup>rd</sup> Tuesday, 1:30 pm at the Greater Iowa Credit Union Board Room, 2623 Northridge Pkwy, unless noted otherwise. Membership is open. Community services for this year included a raffle, silent auctions, and/or sale of prepared member's photos and photo card packets for the ISUWC Scholarship Fund.

#### Membership:

Julie Anderson Cindy Fell Peggy Gielda Shari Glenn Ellen Janke Connie Lanstine Deb Marple Allis Peters Lynn Seydel Lorraine Stumbo Diane Tufte



Right: Field trip to Reiman Garden



Speakers: Local Ames photographers:

Left: Sam Wormley

Lower right and bottom: Mark Slagell













Co-chairs: Karen Mannes, Cathy Halverson Treasurer: Rochelle Ginder

Members enjoy delicious food and food-related experiences on the 1<sup>st</sup> Thursday of the month at 12 noon unless announced otherwise. The monthly hostess(es) plans the menu or food experience for the group. A cover-the-cost fee may be assessed for a lunch or program. Membership is limited. Community services for this year included donations to ISUWC Scholarship Fund and to the Emergency Residence Project.



### Membership:

Sharon Axland Bobbi Countryman Regina Ellingson Rochelle Ginder Cathy Halverson Mary Harms Beverly Lytle Karen Mannes Ellen McKean Sylva Williams



Visit to <u>"The Bistro"</u> at the lowa Culinary Institute on DMACC Campus in Ankeny Iowa





# <u>Gardening</u>





Co-chairs: Barbara North, Trish Strah Treasurer: Dorothy Kirkland Correspondent: Joan Fitzsimmons Community Garden Coordinators: Shirley Malaby, Barbara North, Trish Strah

Gardening meets the 2<sup>nd</sup> Wednesday of each month beginning with a brown bag lunch at 11:30 am followed by a program from 12-1 pm. Members enjoy and learn about all aspects of gardening from garden tours, invited speakers, member sharing, and garden-related crafts. A community garden in Stuart Smith Park is maintained by the members during the summer months. Dues are \$2 for the year and there is no limit on membership. Community services for this year included decorating a Christmas tree at Iowa Arboretum and maintaining a flower garden at University and Lincoln Way.

### Membership:

Virginia Anderson Michele Brehm Jeanette Dieterich Joan Fitzsimmons Marlene Geiger Karen George Barbara Gurganus Linda Hodges Bernice Johnson Karen Johnson Dorothy Kirkland Shirley Malaby Barbara North Joyce Powell Donna Sogard Bonnie Staiert Lorraine Stumbo Trish Strah Jan Verploeg Jean Watson













Co-chairs: Virginia Anderson, Rochelle Ginder Treasurer: Donna Walker

Researching family histories is the focus of this group. Meetings are held on the 3<sup>rd</sup> Thursday of the month, 1:30-3:30 pm, September to May, with no meeting in December and January. Programs are relevant to genealogy or of historical interest. We car-pool for out-of-town day trips and passengers pay \$3 each to the driver. Dues are \$2 per year and membership is open. Community services for this year included donating monies to the Ames Public Library which was then used to purchase a book relating to the subject of genealogy.



### Membership:

Virginia Anderson Margery Baker Mary Buck Jan Cummings Kitty Fisher Rochelle Ginder Joan Herwig Karen Hoiberg Marilyn Johnson Carol Kenton Lenny Mangold Karen Mannes Fidella Marty Carol Melvin Anna Nilssen Margie Oldehoeft Mary Jane Pearson Allis Peters Rosellyn Rudolph Diana Shonrock Elizabeth Starleaf Carole Stevens Mary Stevermer Frances Theile Margaret Torrie Mary Townsend Donna Walker Elizabeth Wright

## "Great Grandma Luna's Scrap Box"

Presented by Rochelle Ginder





#### Co-chairs: Chris Cott, Kim Zahnle

The Golf Division will begin its 2014 season on Tuesday, May 13, at Homewood Golf Course located at 20<sup>th</sup> and Duff. The season will end on Tuesday, August 26. Cost is \$9.50 for nine holes every Tuesday. Tee times start at 7:56 am. Teams of four will follow every 8 minutes. Community service for this year included monies collected weekly and donated to ISUWC

#### Membership:

Marie Anderson Sandra Baker Marilyn Barquist Jan Bond Chris Cott Jeanette Dieterich Cindy Fell Sharon Guber Pam Hinderaker Cynthia Johnson Carol Kenton Nancy Marks **Eleanor Ostendorf** Carol Payne Donna Sogard Carol Stevens Sarah Terrones Joyce Vegge Dorothy Yoerger Moonhee Yoon Kim Zahnle









# Good Food - Good Friends





Chair: Anne Hogberg Treasurer: Maria Tringides

Members meet at the home of the hostess on the 3<sup>rd</sup> Wednesday, September through June, at 11:45 am. Meals prepared by the co-hostesses are enjoyed as friendships are formed. Menus chosen reflect the international interests of the group. There is a \$10 fee for each meal. Members are requested to RSVP to the hostess by Monday noon prior to the luncheon. Membership is limited. Community services for this year included gift cards purchased at Fareway Food and given to Bethesda Food Pantry as well as serving and cleaning up at "Food at First".

### Membership:

Ingrid Anderson Mary Atherly Wendy Edelson Hanna Gradwohl Anne Hogberg Mary James Dorothy Kirkland Joyce Mercier Shirley Shaw Maria Tringides



## <u>Gourmet</u>





Chair: Madonna Johnson Vice Chair: Katherine Asjes Treasurer: Donna Walker Courtesies: Lucy Futrell

The purpose of the division is to broaden members' knowledge of food and enjoy fellowship with others through planning, preparing and serving attractive and delicious meals. Luncheons are held in members' homes on the 1<sup>st</sup> Thursday of each month at 12:30 pm except for September, January and April. There is a fee of \$10 for each luncheon. Members who are not able to attend a meeting must notify the hostess by Monday prior to the luncheon. Membership is limited. Community service for this year included a monetary donation to the Good Neighbor Emergency Assistance program.

#### Membership:

- Grace Amemiya Katherine Asjes Barbara Burnham Judith Burris Lucy Futrell Madonna Johnson Sandy Meeks
- Bernadene Pohm Patricia Post Ardie Roehr Virginia Slater Frances Theile Eileen Tramp Ardy Ulrichson





# Hooks and Needles





### Chair: Sharon Berryhill

Members of Hooks and Needles meet on the 4<sup>th</sup> Monday of the month at Books-A-Million (BAM), 1200 S Duff Ave. from 10-11:30 am to crochet and/or knit. Currently members are crocheting and knitting for various community organizations. Membership is open to all who enjoy the art of crocheting and knitting regardless of skill level. Members with more advanced skills welcome the opportunity to teach their craft to beginners or those wishing to advance. Community service for this year included knitting and crocheting hats for Shaken Baby Syndrome month in November.



#### Membership:

- Sharon Berryhill Janice Bruce Marybeth Buchele Jan Esterly Mary Jane Green Cathy Halverson Ann Hein
- Lenny Mangold Audrey Marley Anne Schmitt Diane Smith Rita Strabala Sandy Wie









## Iowa Cafe Adventures





### Co-chairs: Bonnie Staiert, Joan Fitzsimmons

lowa Café Adventures meets the 1<sup>st</sup> Tuesday of each month, September through May. Adventures are planned to various restaurants and places of interest. Through our shared experiences we hope to make new friends, enjoy fellowship and good food, and learn more about our own lowa backyard. Coordinators listed for each date plan the trip and make all the arrangements. Dues are \$5 per year with a small donation asked for those who drive. Membership is open. Community services for this year included a donation to ISUWC Scholarship Fund through collected dues.

#### Membership:

Sharon Berryhill Marybeth Buchele **Rosemary Bulman** Judith Burris Christina Chang Youngmi Cho Kay Craig Lilith Dorr Darla Emery **Cindy Fell Kitty Fisher** Jonie Fitzsimmons Bea Gibbons Tanya Goodman Mary Jane Green Peg Helms Susie Hemphill Traci Hess Karen Hoiberg Cynthia Johnson

Debbie Johnson **Beverly Lytle** Sharon Olson Lori Peake Allis Peters Marcia Petersen Pat Post Carla Sacco Mary Seever Lynn Seydel Mina Shin **Bonnie Staiert** Sue Stidwell Linda Thompson Ella Tonjum Maria Tringides Diane Tufte **Doris Wiener** Carol Wright Kim Zahnle



#### Top & right:

David's Milwaukee Diner Perry, Iowa



### Right & below:

Joan Bice Underwood Tearoom ISU Campus







Right: Louie's Wine Dive Des Moines, Iowa

# Movie Mavens





Chair: Joan Fitzsimmons Treasurer: Terri Hasselman

Clueless about Oscar season? Love movies but hate to go alone? Movie Mavens will try to help with both by attending first-run movies in a timely manner at Cinemark Movies 12, 1317 Buckeye Ave. Meeting monthly on the 4<sup>th</sup> Monday for the early matinee, this group will attempt to see a full range of movie genre to give members a good perspective on current motion pictures. The adventure will continue with a discussion of the film over coffee at a local venue. Dues are \$2 per year. Membership is open and guests are welcome. Community services for this year included a donation to ISUWC Scholarship Fund through collected







#### Membership:

Jan Bruce Karla Drapal Joan Fitzsimmons Bea Gibbons Terri Hasselman Deb Marple Beverly Nutt Allis Peters Patricia Post Joyce Powell Carla Sacco Bonnie Staiert Linda Thompson Carol Wright Kim Zahnle



## <u>Nature Study</u>





Chair: Rosemary Mitchum Treasurer: Barbara Brown Programs: Kris Moorman

The goal of this division is to enjoy nature through field trips, lectures, and shared fellowship. Meetings are held the last Wednesday of each month, August through May, excluding November and December. Meetings are held at Green Hills Dining Room at 1:30 pm unless noted otherwise. An early morning bird walk in May is an optional activity. Dues are \$5 per year. There is no limit on membership. Community services for this year included a monetary donation that was given to ISU Wildlife Care Clinic and an additional donation to Iowa Arboretum.

### Membership:

Elaine Bath Mary Brooks Barbara Brown Mary Eileen Buck **Ruby Buck Gladys Colwell** Peggy Faden Ginny Fletchall **Evelyn Fuller** Lucy Futrell Peggy Gielda Marge Hartman Judy Keeling Dorothy Kirkland Karen Klaiber Jane Lohnes

Shirley Malaby Rosemary Mitchum Kris Moorman Kay Outka Lori Peake Mary Jane Pearson Allis Peters Patricia Post Joyce Powell Betty Schneider Shon Stephenson Margaret Torrie Jan Verploeg Nancy Wlezien Carol Wright





## <u>Newcomers</u>





Co-chairs: Bonnie Trede, Janice Bruce Advisor: Nancy Wlezien

All new ISUWC members are invited to join Newcomers. This division offers opportunities to meet other new members and enjoy informal gatherings while learning about the club's programs and events, Iowa State University and Ames. Meeting days and locations vary depending on the planned activity. Community services for this year included contributions to Farm House Museum and Ames Historical Society and a monetary donation was contributed to ISUWC Scholarship Fund.



### Membership:

Kathryn Andre Marilyn Barquist **Beverly Baum** Janice Bruce Christina Chang Karen DeWolf **Regina Ellingson** Darla Emery Jan Esterly Cindy Fell Joan Fitzsimmons Bea Gibbons Mary Jane Green Kathy Gundlach Terri Hasselman Janice Hove Karen Johnson

Jennie LeGates Joan Nass Allis Peters Marcia Petersen Nina Rasmusson Carla Sacco Nancy Sebring Mina Shin Ellen Shrum Mercedes Silva Shervl Soden Bonnie Staiert Linda Thompson Bonnie Trede Lynne Van Valin Paula Wiebel Nancy Wlezien





## **Optimal Health Club**





Facilitator: Ria Keinert

Optimal Health Club is for women wishing to improve their health and support one another with accountability. Part book club and part support group, Discover Your Optimal Health by Dr. Wayne Andersen is used as a resource. Between sessions members work on goals and related projects which are then shared with the group. Meetings are the 3<sup>rd</sup> Friday, September through April, 1:30-3:30, at Alpha Copies (west location) 3615 Lincoln Way. Membership is open.

### Membership:

Marybeth Buchele Elaine Dekovc Peggy Faden Sharon Fenton Mary Jane Green Ria Keinert Sharon Olson Joyce Schafbuch Taihee Song Nancy Wlezien







<u>Potpourri</u>



Chair: Kim Zahnle

Members of Potpourri have an opportunity to experience anything and everything that strikes the fancy of the group. Meeting dates and time fluctuate according to the special events or activities the group chooses. Members are notified by phone or email as to when activities will take place. Membership is limited. Community service for this year included volunteer participation at the Iowa Arboretum for their annual Hullaboloo.



### Membership:

Kathryn Andre Beverly Baum Marybeth Buchele Bobbi Countryman Kay Craig Karla Drapal Nancy Dunn Regina Ellingson Kitty Fisher

Sue Jensen Rosemary Mitchum Gina Moore Carla Sacco Lynn Seydel Mina Shin Bonnie Staiert Diane Tufte Lynne Van Valin











#### Co-chairs: Marlene Geiger, Pam Shaffer

Spice Girls meet year-round on the 2<sup>nd</sup> Monday afternoon of the month in members' homes or where appropriate. The month's hostess plans the food experience for the group. Programs include demonstrations, tours, hands-on learning, themed meals, lunch out, classes, or any opportunity for members to explore, create, and share food with friends. A cover-the-cost fee may be assessed for a program. Membership is limited to 12 with opportunity for guests when programming permits. Community service for this year included the making of apple pies that were then donated to the Emergency Residence Shelter.

#### Membership:

Sandi Austin Karen DeWolf Karla Drapal Nancy Dunn Zoanne Erikson Marlene Geiger Judy McGee Virginia McCallum Carla Sacco Judy Stehr Eileen Tramp Sylva Williams







## <u>Stitchery</u>





Co-chairs: Fidella Marty, Lenny Mangold Treasurer: Kathy Anderson

Stitchery meets 1-4 pm on the 1<sup>st</sup> Monday of the month, October through May, and at other times as indicated for special events or projects. Meetings are held at Quilting Connection, 238 Main St, in the lower-level classroom unless noted otherwise. Our focus is on traditional stitchery techniques with modern applications. In most cases members supply their own materials for the workshops. In advance of each workshop, the coordinator provides a list of supplies needed for the project. Division dues are \$5 per year. Membership is open and guests are welcome. Community services for this year included sixty-three personal bags made by the group for Youth and Shelter Services and fidget blankets made for care centers.



#### Membership:

Kathy Anderson Virginia Anderson Nan Brewer Janice Bruce Sandra Cordell Chris Cott Marlene Geiger Rebecca Hanlon Ann Hein Martha Huinker Effie Lingren Judy Maly Lenny Mangold Fidella Marty Ellen McKean Joyce Powell JoAnn Sell Mary Stevermer Lorraine Stumbo Bonnie Trede Doris Wiener Jinx Woolson





## Taste Buds





Chair: Joan Senne

Taste Buds meet the 3<sup>rd</sup> Wednesday of the month at 1 pm, September through June. The hostess plans the food experience either in her home or at a place of her choice. A cover-the-cost fee is charged as needed. Membership is limited to 10.

### Membership:

Marybeth Buchele Christina Chang Lilith Dorr Karen George Deb Marple Eileen Muff Joan Senne Joyce Vegge Nancy Wlezien









## Tea Room Adventures



#### Co-chairs: Mary Holmer, Beverly Nutt

Tea Room Adventures meet the 2<sup>nd</sup> Tuesday of each month, September through June, excluding December (note occasional day changes). Trips are made to various tea rooms and places of interest in Iowa. Coordinators for each date plan the trip and make all arrangements, including confirming reservation time. Members carpool; passengers give \$3-\$10 to drivers, depending on the distance. There are no dues. Community Services for this year included monetary donations to ISUWC Scholarship Fund.



#### Membership:

Margery Baker Jan Bond Shelly Boyd Chris Cott Judy Dahlke Ruth DeBoer Peggy Faden Carol Folkmann Karen George Peggy Gielda Marilyn Haynes Peg Helms Fay Gish Hill Pam Hinderaker Mary Holmer Marlene Johnson Joyce Krug Audrey Marley

Carol Melvin Rosemary Mitchum Beverly Nutt Lori Peake Mary Jan Pearson Joyce Powell Pam Shaffer Lois Slobe Sheryl Soden Donna Sogard Shon Stephenson Shirley Stromer Shashi Sukhatme Jan Verploeg Carol Weber Sandy Wie Nancy Wlezien Mary Lou Wright



## <u>Viva la Vino</u>





Co-chairs: Karla Drapal, Carla Sacco

Viva la Vino meets in members' homes on the 1<sup>st</sup> Monday of each month from 4-6 pm. The purpose of the group is to provide an educational experience in wine appreciation. The hostess and co-hostess provide the wine and appetizers. Membership is limited for the convenience of entertaining and conversation. Community service for this year included the collection of items to donate to the Emergency Residence Shelter.



#### Membership:

Marybeth Buchele Karla Drapal Cathy Halverson Marilyn Haynes Traci Hess Laani Hill Pam Hinderaker Kitty Lamont Karen Mannes Carla Sacco Kim Zahnle







Co-chairs: Jeanette Dieterich, Karen George

Walk and Talk meets from September to May on the 3<sup>rd</sup> Tuesday of the month at 9 am, unless indicated otherwise. Weather permitting, this group begins with a neighborhood walk. Light refreshments follow at the hostess's home. Division dues are \$2 per year. New members are welcome. Community services for this year included donations to ISUWC Scholarship Fund, Bethesda Lutheran Food Bank, and Youth and Shelter Services.



### Membership:

Sandi Austin Margery Baker Marybeth Buchele Mavis Butler Ruth DeBoer Jeanette Dieterich Joan Fitzsimmons Karen George Tanya Goodman Holly Gruefe Terri Hasselman Laani Hill Pam Hinderaker Mary Holmer Ellen Janke Sue Jensen Bernice Johnson Beth Johnson Ria Keinert Carol Kenton Dorothy Kirkland Anna Loan-Wilsey Barbara North Mary Seever Donna Sogard Taihee Song Jaye Stefani Trish Strah Mary Townsend Susan Twedt





## Wine and Tapas





Chair: Cathy Halverson

The Wine and Tapas group meets the 3<sup>rd</sup> Thursday of the month from 4-6 pm year-round at the home of the hostess or a place of her choice. Participation is limited to 10 members for the convenience of entertaining and conversation. Our mission is to appreciate wine, tapas, and friends. Community service for this year included a monetary donation to the Boys and Girls Club of Ames.



## WOW (Women on Wine)





### Co-chairs: Peggy Gielda, Nancy Wlezien

WOW (Women on Wine) usually meets the last Thursday of the month during the afternoon. The exact time varies depending on the location. The purpose of the group is to enjoy an educational experience in wine appreciation by exploring a variety of wine tasting opportunities in central Iowa. Each month's coordinator arranges for the location; refreshments are provided by members when appropriate. Costs vary depending on the program and are split among the members. Membership is limited. Community services for this year included contributions to the ISUWC Scholarship Fund and overseeing the Youth and Shelter Service's Giving Tree at ISUWC general meetings.



#### Membership:

Michele Brehm Chris Cott Jeanette Dietrich Karen Dohermann Carol Folkmann Karen George Peggy Gielda Mary Homer Marlene Johnson Deb Marple Donna Sogard Nancy Wlezien





## **IN MEMORIAM**







**Barbara Lockhart** 

Barbara Lockhart, 89, passed away peacefully on Thursday, June 19, 2014, at Green Hills Retirement Community. A funeral service was held on Monday, June 23, 2014, at Northminster Presbyterian Church in Ames, with burial at Ames Municipal Cemetery. Barbara Powers was born Nov. 12, 1924 in Terre Haute, Ind., to Russell and Enid (Kirkwood) Powers. She grew up and received her education in Terre Haute. Following graduation, Barbara attended Union Hospital School of Nursing in Terre Haute and graduated in the class of 1945. Upon graduation, Barb went to work for the Illinois Central Hospital in Chicago.

On August 2, 1947, Barbara was united in marriage to William R. Lockhart. The couple moved to Ames in 1954 and was blessed with four children. Barbara was a faithful member of the Northminster Presbyterian Church serving as both a Deacon and Elder. She also was a member of the Iowa State Women's Club and volunteered with the Mary Greeley Medical Center Auxiliary. Survivors include her children, Larry Lockhart, Tom Lockhart, Sally Lockhart, and Alan Lockhart; grandchildren, Heather McNutt, Tye Rabens, Eric Lockhart, and Jeff Lockhart; great-grandsons, Taylor McNutt and Michael McNutt; and a dear friend, Janice Burkhart. She was preceded in death by her husband, William; parents; and a brother, Dick Powers.

Elizabeth O. Keys, 83, of Ames, passed away on Wednesday, Dec. 3, 2014 at Israel Family Hospice House. A memorial celebration was held on Saturday, Dec. 6, at St. John's by the Campus Episcopal Church in Ames. Burial of the cremated remains was in Garden Columbarium at St. John's. Elizabeth O. Keys was born Aug. 4, 1931, to Russell and Bernadine (Dwelly) Kuhn in Washington, D.C.

Liz earned a bachelor's degree in music from Northwestern University. Upon graduation, Liz moved to San Diego where she sang with the Starlight Opera Company. There she met Colin Keys, and they were married in July 1955.

Liz was a talented singer, actress and director. She loved to travel and had many adventures. Her hobbies included quilting, bird watching, supporting the performing arts, and she was an avid fan of Northwestern and Iowa State sports. She completed her teaching license at the University of Northern Iowa and taught music.Liz had a deeply rooted faith that she shared through her music ministry in the Episcopal Church wherever she lived.



Elizabeth O. Keys

## **IN MEMORIAM**





Elizabeth (Bettie) Ellen Dawson Kiser died the morning of Aug. 14, 2015. She was born on April 30, 1922, in Vermillion, S.D., the daughter of Joseph Charles Dawson IV and Mabel Geneva Armstrong Dawson. Bettie graduated from Vermillion High School in 1940 and earned a bachelor's degree in home economics education from South Dakota State University in Brookings, S.D, in 1944. She met James Joy Kiser in 1946 in Chicago and they were married in Vermillion on Sept. 15, 1947.

Jim and Bettie moved to Ames in 1951, when Jim was hired as a professor of animal science at Iowa State University. Bettie went to work the following year at ISU in 4-H Extension. Kathy was born in 1954 and Janice in 1955. In 1962 she worked for ISU as a freshman advisor in the College of Home Economics.

Bettie's family includes her loving and devoted husband of 67 years, Jim; daughter and son-in-law, Kathy and Jay Light; daughter and son-in-law, Jan and Bruce Frank; Jay's son, Richard Light; granddaughter Abby Frank; and grandson Evan Frank. She is also survived by her younger sister, Marilyn Maurice Dawson Woolridge.



### Elizabeth (Bettie) Ellen Dawson Kiser



### Patricia Hope Gustafson

Patricia Hope Gustofson, 82, of Ames, died July 5, 2015, at Green Hills Care Center. Patricia was born Feb. 11, 1933, in Boone, the daughter of Fred and Blanche Sandell. She graduated from Boone High School and went on to Cottey College in Missouri and returned to graduate from Iowa State University, where she played the violin in the ISU symphony and was a member of Gamma Phi Beta. She married Don Gustofson on Jan. 1, 1955, in Boone.

Pat taught kindergarten in Nevada Public Schools from 1974 to 85. She was a member of PEO Chapter HN, Iowa State University Women's Club participating in the gardening and bowling divisions, Homewood Ladies Golf League, Questers of Ames, and a longtime member of First Christian Church of Ames serving in many roles.

Patricia is survived by her four children; one daughter, Deborah (William) Hoemann, of Harrah, Okla.; two sons, Scott Gustofson, of Kelley, and Grant (Mary) Gustofson, of Boone, and a daughter, Kirsten (Kevin) Pirko, of South Riding, Va.; 12 grandchildren, Matthew, Nicolas and Meghann Hoemann, of Oklahoma, Scott, Jacob, Jarred, Jordan, Sarah and Brenton Gustofson, of Boone, and Andrew, Daniel and Case Pirko, of South Riding, Va; four great-grandchildren, Alaysia, Amara, Aylah, and Robert Hoemann, of Shawnee, Okla.; and one sister-in-law, Aileen Sandell, of Fort Dodge.